FREEDOM FROM FEAR WEEKENDS

YMCA CAMP ST CROIX IS THE SITE FOR OUR WEEKENDS.

Gary Van Eps shares the vision and purpose of these weekends.



The purpose of the "Freedom From Fear" weekends is to help us first, identify the habits or attitudes in our lives that block us from God's power and second, to begin the steps that allow His power to change us.

We are called to be a disciple. A disciple is someone who spreads the message of the gospel. Are people seeing my witness to Jesus? Or are there things in me that are stopping me from doing what I could like guilt or resentment? Could it be self-pity?

We all have struggled with our anger and I really believe that most **most of our defects of character are rooted in fear.** Doesn't God tell us to not be afraid when he poured out his Holy Spirit so Peter had a boldness like never before?

The Freedom from Fear weekend **opens doors to help us identify any fear that is keeping us from God's freedom.** The 12 Steps of AA help us understand our first steps on the road to freedom.

We all know that there is a lot of brokenness in our world today. Our Freedom from Fear **weekends are for all those people** who care about our broken condition. Our weekend is one place where we can receive healing for any hurts that may be holding us captive**.**

Our weekends give you the possibility **to take the first step.**

This weekend's effectiveness is because **our leaders are honest about how God has had to work in their lives.** We share openly. We are real and sometimes raw in our testimonies. We're able to talk honestly about what we have faced and how God has made us a better messenger for Christ.

It's this **open, honest, communication without fear of judgment**. We are no longer a slave to fear…to what others might think of me…or to resentment, anger, and self-pity.

Freedom from Fear works because people who come for the weekends discover both the possibility and the power for a new beginning. **Join us!**

COMMENTS FROM PARTICIPANTS

- *Thank-you! It was an honor to be in your group with everyone!* Laurie
- *I want to thank all of you for an amazing weekend in which I found healing and the presence of God so strongly I can't explain. You are all so awesome and I am so grateful to all of you. Love you all.* Gary
- *It was the best!! Love you all so much! Will never forget any of you. See you again*! Lisa

YMCA Camp St Croix
532 County Road F
Hudson WI

Friday, December 4 - Sunday, December 6

To sign up or for more information:
Gary Van Eps: email: garyvaneps273@gmail.com
Johan Hinderlie: text: 763-442-2236

Friday: Registration 6 PM - 7 PM

7:00-7:15	Worship
7:15-8:00	Testimony of freedom
8:10-9:00	Teaching on what sets us free
9:00	Free time and much fellowship

Saturday

7:00 AM	Meditation
8:00	Breakfast in the dining hall
9:00 - 9:15	Worship
9:30 - 11:50	Teaching on steps to freedom; Shepherd's Voice; forgiveness.
12:00	Lunch
1:00 -3:30	Facing our fears Small group breakout sessions.
3:30 - 5:30	Relax, hike, sauna
5:30	Dinner
7:00-7:15	Worship
7:15-9:00	Share our experience from the afternoon session
9:00	Worship, conversation

Sunday

7:00	Meditation
8:00-10:40	Breakfast followed by worship and discussion on how to take this home.

Your time includes a "Serenity New Testament" and a devotional book, "Daily Texts."
All food is provided. Bring any snacks or special drinks that you enjoy.

<u>What you need to bring:</u>
Sleeping bag, pillow or bedding, towel (men and women stay in separate buildings)
Any personal items. Maybe a swimming suit.

<u>Cost</u>:
Free will offering

Our maximum weekend group size is 30

MORE WEEKENDS ARE SCHEDULED FOR 2027!